## Grade 7 \& 8

## Iitoraby balcnidar

## Date

## Monday, April 6

## Tuestay, April7

## Wednesiay, April 8

## Thursday, <br> April 9

## Activity

Begin a gratitude journal. Each day begin by writing down 1 or 2 things you are grateful for.

I'm thinking of an eight-letter word. Find 3 eight letter words that you've never heard of and define them. Challenge yourself to use each of these words in a sentence this week!

## Engage in a: Role. Audience. Format. Topic activity!

First you need to decide on the role $[R\}$ you will take as a writer. Who or what is the author? You could write being you, but you could also choose to write from the perspective of the mayor, an artist, a journalist, or a thing like a tree, or a pencil.
Example: A kindergarten student. Next, decide who you are writing for. Who will be the audience [A\}?
Example: Grade 7 and 8 students

Continue with R.A.F.T. Time to think of a format [F]. Is this going to be a story about a topic? Maybe a video? How about a voice recording of an interview?
Example: A voice recording. Now you get to get to put all your planning together and begin to write about a topic[T] of your choice!
Example: What a kindergarten student thinks Grade 7 and 8 students do all day at school.

What is the best book you have ever read? Give a review that will make others want to read it.


SUCCESS for Every Student

## Date

## Saturday, April 11

## Sunday, <br> April 12

## Activity

Create 5 Hashtags that describe your life today. \#becreative \#seethegood

Brainstorm some ideas for "table topics" that you can use to begin conversations about various topics with your family. For example: How do you think street names are decided? Tell me about your proudest moment?

## Grade 7 \& 8

## Numeracy Galendar

## Date

## Monday, Aprill 6

## Tuesilay, April7

## Wednesiay, Aprill 8

## Thursday, April 9

## Friday,

April 10

## Saturday, Aprill 11

## Sunday, <br> Aprill 12

## Iotivity

At Books Unlimited, 3 paperback books cost \$18. What would 7 books cost? How many books could be purchased with $\$ 54$ ?

Using toothpicks and playdough/marshmallows or modelling clay, make a prism that has perpendicular faces and a prism that does not have perpendicular faces. Use a tool to show that your figures work. Is one of your prisms a right prism?

What is the largest possible area (in $\mathrm{cm}^{2}$ ) for a rectangle with a perimeter of 120 cm ?

If the mean, median, and mode are all equal for the following set, what is the value of $x$ ?
$\{3,4,5,8, x\}$

Four Fours Game. Use exactly four 4's to form every number from 0 to 50, using only the operators $+,-, x, /,()$ (brackets), . (decimal point), x2 (square), square root.
Example: $0=44-44,1=44 / 44,2=4 / 4+4 / 4$

Place the numbers 1, 2, 3,..., 9 one on each square of a $3 \times 3$ grid so that all the rows and columns add up to a prime number. How many different solutions can you find?

Play Exponent War! Each player turns over TWO cards and chooses which card is the exponent and which is the base in order to achieve the highest value. The player with the higher value takes all four cards. For example, an Ace and a 6 could be one to the sixth power, OR six to the first power.

## Grade 7 \& 8

## DPAVOntion Learning

## Date

## Monday, April 6

## Tuesiay, April7

## Weulnesiay, Aprill 8

## Thursday, April 9

## Friday, <br> April 10

## Saturday, Aprill 11

## Sunday, <br> April 12

## Aotivity

Take on the Sock Challenge. All you need is a pair of socks (in a ball). Use your palm like to bounce the socks. See how many times you can keep this going in the air! Make a target \# and try and beat it!

Attempt to complete all tasks with your non-dominant hand today, from writing to brushing your teeth. Work on your growth mindset and your ability to be ambidextrous.

Create a mini aerobic circuit and completing repetitions of 2 sets of 8 .
For example: $2 \times 8$ Jumping Jacks, $2 \times 8$ Lunges, $2 \times 8$ High Marches, $2 \times 8$ Invisible Jump Rope

Set up an indoor (or outdoor yard) obstacle course with 10 different obstacles (using safe household objects) - You are a human Rube Goldberg machine! Complete the course that you made and time yourself. Try it again - did you improve your time?

STEP IT UP - complete 1,000 step ups today. They can be on stairs, benches, chairs - inside or outside. Outside "stairs" are worth 2 steps each. Be creative!

Get into a low plank position and hold the position for as long as you can. Time yourself.

Pick your team - Dogs vs Squirrels sightings - first to 10 wins. If you lose, you have to complete 50 of an exercise of your choice. Do this on a walk, a bike ride or from your window.

