



Seneca Central Public School

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Principal
Giancarlo Crotta

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Dates to Remember

Kindergarten Registration

February 11th Parent
Council Meeting

February 17th Family Day

February 26th Pink Shirt

Dear Seneca Families:

Parents often think bullying is just a part of life. In fact it should be taken seriously. Bullied children become anxious. Some end up not wanting to go to school. Has your child talked about being bullied? Here is what you can do to help:

- Figure out when the bullying usually happens.
- Tell your child to avoid the situation.

Is he always singled out on the basketball court after lunch? Suggest other ways he might spend his midday free time.

- Teach him to respond appropriately.

How does he react? Would humour lighten up the situation? How about just walking away?

- Encourage him to think positively.

"This isn't my fault."

- Don't belittle him or tell him to "toughen up." This isn't helpful. In fact, it's hurtful because it implies that he's weak.
- Work with him on his social skills to make sure he knows how to interact with others, strike up conversations, etc.
- Help your child get involved in activities with others that share his interests, such as through a club or team. Isolation can sometimes lead to being bullied.
- Tell the school. Teachers can take steps to ensure your child's safety.

A reminder that February 17th is Family Day.

'Working Together for Success'

***SUCCESS* for Every Student**

KINDERGARTEN REGISTRATION

Come in, come in. Our door is always open for new students. For the month of January and February we will be registering any child who was born by December 31, 2016 (any child who turns 4 years old before December 31, 2020). If your child is already in Kindergarten this year, it is NOT necessary to re-register for Kindergarten. Please bring in the birth certificate and address verification when registering. There will be a 'Parent Child Information Day' in June.

VACATION ANYONE?

Some families have decided to go on a winter vacation and to remove their children from school for a few days. This is fine, but, please remember that when requesting work to take along on your trip you should give your child's teacher a week's notice to get everything together for you. The Grand Erie District School Board also requires parents to fill out a "Request for Temporary Absence Form" if the trip is longer than seven days.

Inclement Weather – We are Zone 2

Please be advised that when the buses are cancelled the school will be closed to all staff and students. This board policy was created to keep all children safe when the driving conditions are dangerous.

Sickness and Coming to School

We have had several requests from parents wanting teachers to "keep their child indoors" for recess because their child is ill. Please note that if your child is too sick for outdoor play they probably should not be at school. We also run into supervision problems as teachers are often on supervision duty or have other responsibilities during the recess time. In some circumstances where there is a medical problem or recent surgery we will make exceptions provided we are given a doctor's note stating the doctor advises that the child stay indoors.

Pink Shirt Day

Bullying is a major problem in our schools, workplaces, homes, and over the Internet. Over the month of February, we hope to raise awareness of these issues through various initiatives centered around our "Pink Shirt Day". On **February 26, 2020** we encourage everyone to practice kindness, and wear a Pink Shirt, button, or pin to symbolize that you do not tolerate bullying!



Eco Schools Update:

SENECA IS GREEN!!! We encourage everyone to help make a difference by recycling and reducing the amount of waste within our school and at home. Please encourage your child(ren) to help make their lunches. After a close inspection of the type of waste at our school it was shocking to see how many unopened snacks and sandwiches are put into our garbage each day! Talk to your child(ren) to make sure they like the snacks and sandwiches being put into their lunch, this is very costly for you and harmful to our environment. Don't forget to send in any old batteries you have around the house. We have a battery collection pail located at our recycling station.

Change your old habits and recycle, reduce and compost every day!



Five steps to solve problems successfully....

If your child is faced with a tough issue? Whether it's a problem at home, at school or anywhere else, have her follow these steps:

1. **Define the issue** and set a goal for handling it. Poor grade on an assignment? Have her write down "I want to bring my grade up to a B." "I want to do better in math" is too vague.
2. **Brainstorm ways** to reach the goal. Have her write down her ideas.
3. **Evaluate the options.** Have her ask herself, "Is this really doable?" Then make a list of reasonable things to try.
4. **Develop a plan** for trying her ideas, such as a new study schedule.
5. **Assess the plan.** Is she reaching her goal? Great! If not, have her choose another option.

HEAD LICE CHECK

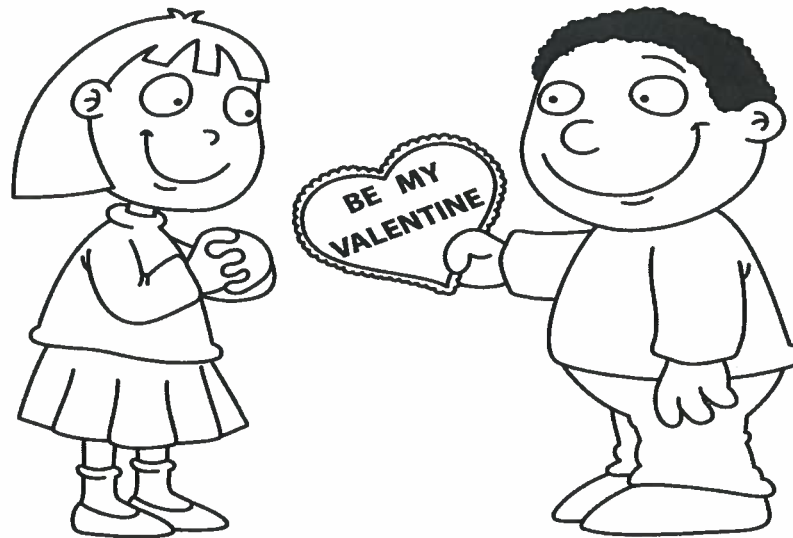
Anyone can get head lice. It is transmitted by head-to-head contact or by your head being exposed to an item used by another person who has head lice - lice do not jump. The key to getting rid of head lice is doing nightly combing through the hair, with a nit comb, fingernails or nail clippers for 20-30 minutes each night for 2 weeks. We will be checking for lice at school and appreciate your cooperation with this.

Show you value education


When you make it clear to your child that education matters to you, it will become important to her, too. To show your child that school should be her top priority:

- **Talk about school** every day. Ask your child questions about what she is learning. Tell her why you value education and why she should, too.
- **Review homework** every day.
- **Stay in contact** with her teacher. Kids learn best when they feel that adults at home and school are on the same team.

SUCCESS for Every Student



MONTH of FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Grand Erie...</i> Strong Values <i>Character Attributes</i> INCLUSIVENESS						1
2	3	4	5	6	7 Wacky Sweater Day *School will be 2° cooler today EcoAwareness	8
9	10	11 Pizza Day  School Council Meeting 6-7	12	13	14 Happy Valentine's Day  Wear Red, Pink & White	15
16	17 Family Day No School	18 Pizza Day 	19	20	21 Mis Match Day	22
23	24	25 Pizza Day 	26 Pink T-shirt Day Wear Pink	27	28 Hawaiian Day	29

