



## What is a Specialist High Skills Major (SHSM)?

An SHSM is a program offered in Grade 11 and 12 to students in all four pathways. The program enables students to focus their high school education on their career interests. Students who complete their SHSM will graduate with a specialized high school Diploma that is sector recognized

## What does an SHSM look like?

A SHSM is a bundle of up to 10 credits in Grade 11 and 12 that include two Experiential Learning (Co-op) credits

## What do you get by taking an SHSM?

- Sector-recognized certifications and training
- Real workplace experience
- Learning experiences connected with post-secondary opportunities
- Skills and work habits required for future employment success



**Student Success**  
A Grand Erie Program  
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Grand Erie...  
**SUCCESS** for Every Student

**Specialist High Skills Major**



# The Health and Wellness Program Healthcare Focus

**North Park Collegiate-Vocational School**

The North Park Health and Wellness SHSM is designed for students who have expressed an interest in a health profession. The student will gain exposure to potential careers, certifications and training to give them a “leg up” in achieving their future career goals.

*“Being someone who loves to learn outside the standard classroom environment, the SHSM provided me with just that, through job shadowing, co-op, and university seminars. I can confidently say the valuable real-life experiences I have gained through SHSM have given me a better understanding of the health care system.” - Neha Malhotra (Grade 12 student)*

## Benefits of the Health and Wellness Program:

- Certifications include: CPR, First Aid and AED Training, Infection Control, Lab Practices, Medical Terminology, Sterile Techniques and WHMIS
- Reach Ahead Opportunities by participating in “Discovery Days in Health Science” at: McMaster University, or Western
- Job Shadow opportunities in your Grade 11 or 12 year
- Co-op for a semester in your field, some great hospital placements included

