

2024-2025



Police Resource Outreach Supporting Education 2024 Types of Violence, Strategies, and Consequences



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Together we are learning how to describe skills and strategies to prevent or respond to situations of verbal, physical, and social bullying and sexual harassment

- ✓ I can recognize types of violence and use strategies to respond to unhealthy situations
- ✓ I can identify supports available in my school and community
- ✓ I can analyze and explain the effectiveness of different conflict resolution strategies



Types of Violence, Strategies, and Consequences

- Minds On:
 - Infographic – Online Gender-Based Violence
- Action:
 - Phase 1 – Exploring Violent Scenarios
 - Phase 2 – Response Strategies
- Consolidation:
 - Analyzing the Effectiveness of Different Conflict Resolution Strategies





Minds On: Infographic – Online Gender- Based Violence



Minds On: Infographic - Online Gender-Based Violence



According to the United Nations, cyberviolence worldwide is as harmful to women and girls as physical violence. So why don't we treat it in the same way?

Skim and scan the [Online Gender-Based Violence Infographic](#) with your elbow partners and be prepared to share:

- ✓ information that you already knew;
- ✓ facts that you would like to know more about;
- ✓ new statistics that you just learned.





Action:

- Phase 1 – Exploring Violent Scenarios
- Phase 2 – Response Strategies



Physical Abuse and Violent Teen Social Behaviour



Physical Abuse

- Any deliberate use of physical force to injure another person, which may involve actions such as hitting, kicking, shoving, slapping, pinching, or any other behavior that causes bodily harm, whether it happens during a game, practice, or casual interactions

Physical Abuse and the Youth Criminal Justice Act (YCJA)

- Charges...
 - Assault s. 266
 - Assault with a weapon or cause bodily harm s. 267
 - Aggravated Assault- s. 268



Verbal Abuse and Violent Teen Social Behaviour



Verbal Abuse

- Use of threats, insults, or other hurtful language to gain or maintain power, control, or influence over another person. This verbal harm is a form of emotional abuse.

Verbal Abuse and the Youth Criminal Justice Act (YCJA)

- Charges...
 - Criminal Harassment s. 264
 - Uttering Threats s. 264.1
 - Counsel Suicide s. 241(1)
 - Intimidation s. 423(1)



Social Bullying and Violent Teen Social Behaviour



Social Bullying

- A power imbalance, sometimes referred to as relational bullying, where a person's reputation or relationships are intentionally harmed by another person or group. This behaviour is repeated or continuous through in-person and online interactions.

Social Bullying and the Youth Criminal Justice Act (YCJA)

- If the bullying behavior meets the criteria for criminal harassment, assault, or uttering threats, the youth can be charged



Sexual Harassment and Violent Teen Behaviour



Sexual Harassment

- Unwanted actions of a sexual nature, such as sexual comments, touching, sexting, sharing sexual images, or mocking someone's gender, gender identity, or sexual orientation.

Sexual Harassment and the Youth Criminal Justice Act (YCJA)

- Charges...
 - Sexual assault s. 271
 - Sexual interference s. 151
 - Invitation to sexual touching 152
 - Criminal harassment s. 264



Activity: Exploring Types of Violence – Sorting Scenarios



Now that we are aware of types of violence that can be linked to teen behaviour, let's sort some scenarios involving violence.

Working with your elbow partners in groups of four or less:

- ✓ review the violent scenarios provided
- ✓ sort the scenarios according to the categories of violence below...

- Physical Abuse

- Verbal Abuse

- Social Bullying

- Sexual Harassment



Acts of Physical Abuse and Potential Consequences



Acts of physical abuse may include, but are not limited to, the following violent scenarios...

- Sending threatening texts about wanting to fight someone
- Threatening to hit a dating partner
- Shoving someone in the hallway
- Getting angry and breaking something important to a dating partner
- Threatening to harm a dating partner's sibling



Acts of Verbal Abuse and Potential Consequences



Acts of verbal abuse may include, but are not limited to, the following violent scenarios...

- Making racist comments toward someone
- Mocking someone's ethnic background
- Making fun of someone because of their disability
- Making comments about someone's weight
- Making rude remarks in the hallway



Acts of Social Bullying and Potential Consequences



Acts of social bullying may include, but are not limited to, the following violent scenarios...

- Constantly spreading rumors about someone
- Using an anonymous site to post mean comments about them
- Getting a group of friends to start posting mean things about someone who used to be in your peer group
- Excluding someone from weekend plans when everyone else is invited
- Ignoring a friend every morning when the entire peer group is standing around talking



Acts of Sexual Harassment & Potential Consequences



Acts of sexual harassment may include, but are not limited to, the following violent scenarios...

- Making homophobic comments about someone
- Making fun of someone based on their gender identity
- Always making sexual jokes
- Making sexual comments about someone when they walk by
- Forwarding a nude picture that was sent by a partner





Consolidation: Analyzing the Effectiveness of Different Conflict Resolution Strategies



Analyzing the Effectiveness of Different Conflict Resolution Strategies



Now let's consolidate our learning by exploring some skills and strategies and analyzing their effectiveness!

- Please access our [Consolidation Padlet](#) and rank three skills/ strategies for Physical Abuse, Verbal Abuse, Social Bullying, and Sexual Harassment.
- Please be prepared to explain your rankings of skills/ strategies.

Communication Skills

- Effective verbal and non-verbal communication includes active listening, clear expression of thoughts and feelings, and observing body language.
- Benefits: Reduces misunderstandings, builds trust, and fosters healthy relationships.



Analyzing the Effectiveness of Different Conflict Resolution Strategies



Social Skills

- Effective, positive interaction with others includes showing respect, appreciating differences, teamwork, and networking.
- Benefits: Enhances social connections, promotes inclusivity, and prevents social isolation.

Refusal Skills

- The ability to say no to harmful behaviors requires assertive communication, setting boundaries, and resisting peer pressure.
- Benefits: Empowers teens to make safe choices and avoid risky situations.



Analyzing the Effectiveness of Different Conflict Resolution Strategies



Adaptive Skills

- Effective adaptive skills requires flexibility and problem-solving in challenging situations.
- Benefits: Helps teens adapt to changes and overcome obstacles.

Coping Skills

- Managing stress and emotions effectively through relaxation techniques, adopting an optimistic attitude, and seeking help.
- Benefits: Reduces stress, improves emotional well-being, and enhances resilience.



Analyzing the Effectiveness of Different Conflict Resolution Strategies



Conflict Resolution Strategies

- Techniques to resolve conflicts peacefully through active listening, empathy, negotiation, and mediation.
- Benefits: Prevents violence, promotes understanding, and strengthens relationships.
- Practical applications include:
 - Handling peer pressure in social settings;
 - Resolving conflicts with friends or family members;
 - Coping with stress and emotional challenges.





**“Violence ends up defeating itself.
It creates bitterness in the survivors
and brutality in the destroyers.”**

Martin Luther King, Jr.

