

2024-2025



# Police Resource Outreach Supporting Education 2024 Consent



## Meet Constable Kelsie Annaert Brantford Police Service - School Resource Officer



## Meet Constable Conrad Vitalis School Resource Officer – Brant County Detachment, Ontario Provincial Police



## Meet Constable Andrew Gamble Media Relations and Community Safety Officer – Norfolk County Detachment, Ontario Provincial Police





## Meet Constable Abigail Whitenect School Resource Officer – Haldimand County Detachment, Ontario Provincial Police



## Together we are learning how apply our knowledge of sexual health and safety, including the concept of consent

- ✓ I can recognize definitions of consent within relationships
- ✓ I can identify consent within changing situations
- ✓ I can apply decision-making skills regarding consent with my own sexual health and sexuality



# Consent

- **Minds On:**
  - Let's Build Some Discussion Norms
- **Action:**
  - Defining and Understanding Consent
- **Consolidation:**
  - Seeking Consent, Communicating Consent, and Refusing Consent







# Minds On:

## Let's Build Some Discussion Norms






## Norms are the rules or expectations that guide how people behave in group settings

What are some norms that you have as class for sensitive discussions?

What are some norms that would be helpful when discussing sensitive topics like healthy relationships?

- With your elbow partners, please take a few minutes to generate a list of norms for discussion sensitive topics in class. within your elbow partners
- Please post some of your norms in our collaborative **Consent Padlet - Minds On Column** 





# Action: Defining and Understanding Consent



# Brief Video: Understanding Consent



**PRESSURING**  
SOMEONE **DOES NOT**  
MEAN YOU HAVE  
**CONSENT**



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# Understanding Consent



**Consent is to give permission for something to happen or agreeing to participate in an activity.**

- requires clear communication and respect
- can enhance relationships with family, friends, and eventually romantic partners
- involves recognizing and respecting both your own boundaries and the boundaries of others
- understanding consent builds the ability to leave uncomfortable situations and honour the decisions of others do the same



# Understanding The Age of Consent



**The age of consent in Canada is 16 years old. However, there are some exceptions:**

- 12 or 13 years old can consent with someone within two years of their age
- 14 or 15 years old can consent with someone within five years of their age
- 16 years old and over can consent
- **Consent with all age groups cannot be reached if:**
  - the older person is in a position of trust/ authority (e.g. coach, teacher, police, family member)
  - the sexual activity is exploitative
  - the partners are in a relationship of dependency



# Understanding Sexual Consent



**Sexual consent is the voluntary agreement of the complainant (other person) to engage in sexual activity.**

- Sexual consent involves both partners agreeing to engage in sexual activity and to understand what they have agreed on doing.
- A person cannot consent if:
  - they are unconscious (asleep or passed out)
  - someone consents on their behalf
  - they are incapable of consenting
    - operating mind – intellectual





# Understanding Sexual Consent



## Consent cannot be reached by:

- abuse of power/ trust/ authority
- application of force, threats/fear of force, or fraud
- the victim not resisting by reason of application of force, threats/ fear of force, fraud, or the exercise of authority
- complainant expressing a lack of agreement to engage in the sexual activity
- complainant consenting, then expressing a lack of agreement to continue the sexual activity



# Activity: Important Points About Sexual Consent



**Sexual consent involves both partners agreeing to engage in sexual activity and to understand what they have agreed on doing.**

1. What are some important points that surface when you think about sexual consent and the relationships of young people?
  2. What exceptions with the Age of Consent might create confusion about how young people understand sexual consent?
- Please take 10 minutes to list important points in response to these two questions in our collaborative **Consent Padlet - Action Columns**



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# Consolidation: Seeking Consent, Communicating Consent, and Refusing Consent.





# Seeking, Communicating, and Refusing Consent



**Now that we know more about defining consent, the Age of Consent, and conditions for consent, let's practice our communication of consent!**

1. What are some examples for how someone can clearly ask for consent?
2. What are some examples for how someone can clearly communicate their consent?
3. What are some examples for how someone can clearly refuse consent?



Please take 10 minutes to list responses to these three questions in our collaborative

**Consent Padlet - Consolidation Column**





**“Consent is the foundation of respect and trust. It is the key to healthy relationships and personal empowerment.”**

**Anonymous**

