

HALDIMAND-NORFOLK

REACH

FREE WORKSHOP

Big Feelings in Little Bodies

POSITIVE DISCIPLINE IN EVERYDAY PARENTING

Join other parents and explore how self-regulation can change how you and your child meet day-to-day challenges. Learn to manage those meltdowns and create cooperation.



WHO IS PDEP FOR?

PDEP is for all parents, grandparents, foster-parents and others who care for children of all ages. It's also for future parents.

Mississaugas of the Credit First Nation EarlyON Child and Family Centre

Thursdays, - Oct 8 - Dec 3 2026 1:00 - 3:00 pm

70 Parkview Road, Hagersville

FREE CHILD-MINDING ON SITE

This program is offered in partnership with Mississaugas of the Credit First Nation EarlyON Child and Family Centre

To register:
Barb at 519-587-2441 x405
bsutcliffe@hnreach.on.ca

Jolene 226-938-7232
jolene.hill@mncfn.ca

For more information on Positive Discipline in Everyday Parenting contact: www.pdel.org

101A Nanticoke Creek Parkway, Townsend, ON N0A 1S0
Our main office hours are: Monday to Friday - 8:30 am to 4:30 pm



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