

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Grand Erie District School Board
Growing Excellence ... Inspiring Success



THE
PARENT
INSTITUTE®

December 2017

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. When your child brings home a test, notice the answers he got right first. Help him think about what he did to succeed.
- ☐ 2. Tell your child why you appreciate her today.
- ☐ 3. Have each family member do two nice things for others today. Later, have everyone share what they did.
- ☐ 4. Ask your child to take responsibility for one or two holiday traditions.
- ☐ 5. Make plans to take your child to an event at the high school. Discuss his own goals for high school.
- ☐ 6. Teach your child how to do laundry. Responsibility builds a feeling of competence.
- ☐ 7. Flip through a magazine with your child. Talk about any messages it sends about unrealistic or unhealthy body types.
- ☐ 8. Think of synonyms for words with your child. For example, a synonym for *perseverance* is *tenacity*.
- ☐ 9. Make popcorn and watch a movie with your child. Talk about the film.
- ☐ 10. Before your child buys something, encourage her to compare prices and return policies at different stores.
- ☐ 11. Talk with your child about healthy ways to handle stress.
- ☐ 12. Keep nutritious snack foods handy at home, such as sliced vegetables and fresh fruit.
- ☐ 13. With your child, think of as many city nicknames as you can: Windy City (Chicago), Mile High City (Denver).
- ☐ 14. Encourage your child to participate in group activities like sports and clubs. Peer pressure can be positive.
- ☐ 15. Listen to your child's favorite radio station in the car. Exchange opinions about what you hear.
- ☐ 16. Have your child write a letter to an author, lawmaker or celebrity.
- ☐ 17. Teach your child how to sew on a button.
- ☐ 18. Ask your child to take photos during family events. This may build his interest in participating.
- ☐ 19. Together, make a collage of photos taken of your child this year.
- ☐ 20. Take advantage of time in the car with your child to talk privately without interruption.
- ☐ 21. Make a positive comment about one of your child's friends today.
- ☐ 22. Give the gift of your time to your child.
- ☐ 23. Enjoy some physical activity with your child today.
- ☐ 24. Ask your child to write a descriptive story. Have her include lots of details.
- ☐ 25. Make a special toast to your child at breakfast or dinner.
- ☐ 26. Look through your child's textbooks and talk about what he's learning.
- ☐ 27. Practice the art of compromise. Negotiate with your child about something you're flexible on.
- ☐ 28. Spend an hour browsing in a local or online bookstore with your child. What interests her?
- ☐ 29. Brainstorm together about ways to make your family's diet healthier.
- ☐ 30. Take your child to a museum.
- ☐ 31. Use math-related terms in conversation, such as *parallel* and *intersect*.

Helping Students Learn
Tips Families Can Use to Help Students Do Better in School

MIDDLE SCHOOL