

Do you have a FISH in your Family?

The Norfolk Hammerheads Aquatic Club is a competitive swim team offering professional coaching from the basic to advanced level. All swimmers compete at meets during the season.

Juniors Program

Our entry-level program for swimmers age 10 & under who can swim at least 25 m. Our Juniors program teaches the fundamentals of swimming & healthy competition in a fun, small group environment.

Attention Older Swimmers (Ages 10 to 18)

Swimming is an excellent workout! Our programs are designed to help swimmers of all levels to perfect their strokes and achieve their best in competition. Practice times and fees vary based on program level.

No Obligation Try-out Night:

Sept. 10th & 17th from 6:30-7:30 PM

Annalise Carr Aquatic Centre

For more info and Online Registration visit

www.hammerheads.ca

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